

Overview of UCEDD Activities: Supporting Families Agenda
 Developmental Disabilities Institute
 Michigan's University Center for Excellence in Developmental Disabilities



Developmental Disabilities Institute

WAYNE STATE UNIVERSITY

About Michigan's UCEDD

The Developmental Disabilities Institute's (DDI) mission is to contribute to the development of inclusive communities and quality of life for people with disabilities and their families through a culturally sensitive statewide program of interdisciplinary education, community support and services, research and dissemination of information.

The Developmental Disabilities Institute at Wayne State University is Michigan's University Center for Excellence in Developmental Disabilities. DDI provides statewide programs designed to enhance the lives of persons with disabilities.



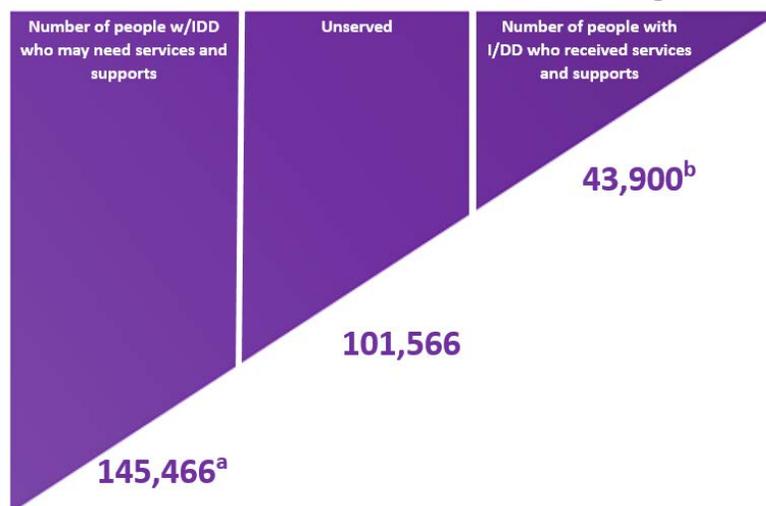
For more information, visit the DDI website at www.ddi.wayne.edu.

Highlights of UCEDD Financial and Infrastructure Commitments

Developmental Disabilities Institute offers the following services:

- Education to individuals, professionals, paraprofessionals, families and persons with disabilities
- Support to individuals with disabilities and their families, communities, systems, and service providers
- Evaluation of programs and services that assist individuals with disabilities and their families
- Research on disability issues to enhance the quality of life of individuals with disabilities
- Information that contributes to training and application of knowledge

Who does this work reach in Michigan?



^a U.S. Census (2013). *State and County Quick Facts*. <http://quickfacts.census.gov/qfd/states/26000.html>.

^b State of Michigan, Michigan Department of Community Health (2013). *Report for Section 404 Community Mental Health Service Programs Demographic Cost Data FY 2012* (May 2013). http://www.michigan.gov/documents/mdch/4041_05_31_13_424022_7.pdf.

National Agenda for Supporting Families

The overall goal of supporting families, with all of their complexity and diversity, is to maximize their capacity, strengths and unique abilities so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration, and inclusion in all facets of community life for their family members.

Supporting the family is defined as a set of strategies targeting the family unit but that ultimately benefits the individual with I/DD. Supporting the family strategies are intended to assist the family members who have key roles in the provision of support and guidance of their family member with I/DD to address emotional, physical and material well-being of the entire family.

Policy, Systems and Cultural Change

Strategies must be designed, implemented and funded in a manner directed by the family unit. They should be flexible, comprehensive, and coordinated.

Possibilities Video Series: The Developmental Disabilities Institute's award winning *Possibilities* series of videos focuses on the lives and accomplishments of individuals with developmental and intellectual disabilities. Each 4-7 minute video highlights the journeys of different individuals, along with their family and friends, and illustrates the lives possible for all people as they mature, become independent, and pursue their life's dreams and goals.

Michigan Developmental Disabilities Practice Improvement Team (DD PIT): The Michigan UCEDD is a member of the DD PIT. The Michigan Department of Community Health, Behavioral Health and Developmental Disabilities Administration (the state's disability service agency) established the DD PIT to characterize the desired outcomes for people with developmental disabilities and to identify the opportunities and challenges for achieving these outcomes. The DD PIT is developing a strategy for informing families, providers, CMHSPs, and educators about the possibilities for individuals with developmental disabilities by sharing stories of people's successes, including those who have complex support needs, individuals who are working in competitive employment, and living on their own with supports. The DD PIT is developing guidance for local community health systems and services providers who want to offer community opportunities as an alternative to segregated programs to people with developmental disabilities but are uncertain about how to begin the process.

Michigan Fetal Alcohol Spectrum Disorders (FASD) Task Force: The Michigan UCEDD is leading the Michigan Fetal Alcohol Spectrum Disorders Task Force. The FASD Task Force is to advocate for statewide prevention and treatment of FASD. The Task Force brings together affected individuals, families and multidisciplinary professionals committed to increasing awareness of FASD, improving service delivery systems, decreasing these preventable disorders and enhancing quality of life for affected individuals and their families. The Michigan UCEDD in collaboration with its statewide and community partners convened the Michigan FASD Task Force Conference.

Detroit Wayne Mental Health Authority (DWMHA) Quality Care Task Force: The Detroit Wayne Mental Health Authority Quality Care Task Force was established to examine the quality of DWMHA's community living arrangements for persons with mental illness, intellectual and developmental disabilities, and substance use disorders and make specific recommendations to improve the quality of its services and supports. The Michigan UCEDD led the Training Requirements Committee of the DWMHA Quality Task Force. This committee evaluated the training standards and practices of direct support staff who deliver DWMHA services and supports.

DISCOVERY & NAVIGATION <ul style="list-style-type: none"> • Information, education, and training on best practices within and outside of disability services • Planning, accessing and coordinating community supports • Advocacy and leadership skills 	CONNECTIONS & NETWORKS <ul style="list-style-type: none"> • Connecting and networking family members with other family members, including parents with disabilities, self-advocates, siblings, grandparents, and others. • Formal and informal structures for peer support 	DAY-TO-DAY NEEDS <ul style="list-style-type: none"> • Services and goods that are specific to the daily support and/or caregiving role the person with I/DD • Such as, respite, crisis prevention, systems navigation, home modifications and health/wellness management of caregiver
<p>DDI Monitoring Project: Monitor individuals with developmental disabilities who have transitioned from Michigan's closed ICF/IDD and need continued follow-up post transition to the community and/or individuals who are considered "at-risk" as determined by the Michigan Department of Community Health (MDCH).</p> <hr/> <p>National Core Indicators (NCI): Working with the Michigan Department of Community Health/Behavioral Health and Developmental Disabilities Administration (MDCH/BHDDA), DDI analyzes the NCI family and individual survey data. This data informs MDCH/BHDDA to understand the experience of persons with Intellectual/Developmental Disabilities served by the Public Mental Health System.</p> <hr/> <p>The Arc Michigan Consumer Satisfaction Survey: Contracted by The Arc Michigan to conduct consumer satisfaction surveys and provide analysis to assess the impact of The Arc Michigan's advocacy efforts.</p> <hr/> <p>Partners Against Violence and Injustice in Michigan (PAVIM):</p>	<p>Michigan Partners for Freedom is a grassroots coalition of people with disabilities, family members, advocates, organizations and other allies working together to build statewide demand for self-determination. DDI conducts local community training to increase awareness about Self-Determination and prepares individuals with disabilities to serve as Local Leaders, who are building demand for Self-Determination.</p> <hr/> <p>Michigan Alliance for Families (MAF): DDI provides Spanish translation and technical assistance services to The Arc Michigan's, Michigan Alliance for Families, as they support Spanish speaking families across Michigan. MAF is Michigan's federally funded Parent Training and Information Center</p> <hr/> <p>Michigan Supporting and Including Brothers and Sisters (MI SIBS): Support the Michigan Chapter of the Sibling Leadership Network sponsoring the MI SIBS Statewide Conference for adult siblings of individuals with disabilities and sibling supporters.</p> <hr/> <p>Michigan Self-Determination</p>	<p>Supporting the Educational Achievement of Minority Families: This initiative prepares and supports Spanish speaking families in Southwest Detroit to successfully navigate the special education system. Families are also supported to participate in community-based activities to increase the community membership of the student with disabilities and the family.</p> <hr/> <p>Project TEAM (Teens Making Environment and Activity Modifications) seeks to reduce the impact of environmental barriers on Teens' (age 14-21) participation in activities, and enable teens to achieve a personal activity goal in the areas of education, employment, or community life. Project TEAM is based on a disability rights perspective that focuses on removing barriers in the environmental instead of changing personal impairments.</p> <hr/> <p>The Students Sharing Success Learning Community (S3LC) provides ongoing academic and social support, information, and training opportunities to Wayne State University students with disabilities. The primary goal of the S3LC is to provide students with disabilities the skills,</p>

A statewide coalition of disability and violence prevention organizations collectively working to improve the service delivery systems for individuals with disabilities who have experienced domestic or sexual violence with an emphasis on the needs of those with intellectual and developmental disabilities.

DDI Graduate Certificate Program in Disabilities:

Prepares master's level students for a career in the disabilities field and prepare students for leadership positions in the field of intellectual and developmental disabilities.

Empowerment Education, Consumer-Driven Training for Michigan Direct Support Professionals

is a statewide training program for Michigan's direct support professionals. The 13 Empowerment Education training modules are based on the philosophy of consumer-driven supports and services. Training topics include: Self-Determination, Person Centered Planning, Stress Management and many more.

DDI Webinar Series: The Webinar Series is a competency based, internet delivered training to prepare people with disabilities, family members, professionals and students training in the field of disabilities with leadership skills to advance the field of disabilities. The series emphasizes community-based and person-directed supports.

Peers: This initiative prepared 40 individuals with disabilities to provide peer support to assist individuals receiving mental health services use arrangements that support Self-Determination.

knowledge, and experiences that will help them to be successful in their academic and social endeavors.

Prescription Drug Research for Individuals with a Medical Diagnosis and I/DD:

In partnership with colleagues from the University of Michigan, this is a series of studies to examine the relationship between prescription drug knowledge and use by individuals with I/DD for a specific medical conditions (hypertension, diabetes, etc.) and the individual health outcomes.

Emergency Preparedness:

Prepares persons with disabilities, family members, and direct support professionals to prepare a plan for response in an emergency situation. First responders are trained on how to address the unique needs of persons with disabilities in an emergency situation.